

■ Transition from School to Work – Quick Tips



■ DVR (Division of Vocational Rehabilitation)

- Helps students with disabilities prepare for work.
- Eligibility in **60 days**; IPE (plan for employment) in **90 days**.
- Start at **age 16** (through IEP meetings).

■ Your Role

- Treat DVR meetings like **job interviews** (dress & act professional).
- Call your counselor **monthly**.
- Stick to your IPE—DVR won't pay for unapproved costs.

■ Changing Your Plan

- You can **amend your IPE** if your goals, needs, or abilities change.

■ Supports Available

- Tribal VR programs & Community Providers for **job coaching, resumes, tech, or medical needs**.

■ If You Disagree

- Appeal steps: 1) Counselor → 2) Manager → 3) Review → 4) Mediation → 5) Hearing.
- **CAP (Client Assistance Program)** offers free advocacy help.

■ Resources

- **Transition Tennessee** – Free resources for work, school, independence.
- **National Technical Assistance Center on Transition: The Collaborative** (NTACT:C)<https://transitionta.org/>

■ **Remember:** Start early, stay engaged, communicate often, and know your Rights.

■ Notes:
