

Pre-ETS Quick Tips (Alaska DVR)

What is Pre-ETS?

Pre-Employment Transition Services (Pre-ETS) help students with disabilities (ages 14–21) explore careers, prepare for jobs, and plan for life after high school.

Who Can Get Pre-ETS?

- Ages 14–21 (up to school year turning 22)
- In school (middle, high, or college)
- Have an IEP, 504 Plan, or are potentially eligible for DVR

The 5 Core Services

- Job Exploration: Learn about careers
- Work Experiences: Internships, job shadows, summer jobs
- Postsecondary Counseling: Info on training or college
- Workplace Readiness: Skills like teamwork, time management, interviewing
- Self-Advocacy: Learn how to speak up for yourself

Special Programs in Alaska

- JOBZ Club: After-school work skills club
- S'Cool Store: Create/run a student business
- Transition Camps: 3–5 day camps with tours & workshops
- Summer Work Programs: Paid jobs + training
- Be a Strong Advocate: Confidence & self-advocacy skills
- TransitionAlaska.org: Online training & resources
- Picture Your Future: Workbook to plan goals

Key Things to Know

- Free for students—no income test
- DVR must set aside funds just for Pre-ETS
- Schools and DVR work together to provide services
- Teachers can refer any student who might benefit

Bottom Line

If you're a student with a disability (14–21), ask your teacher or DVR counselor about Pre-ETS. It's free help to build job skills, explore careers, and plan your future.